



# WILSON FOOTBALL

## CODE OF CONDUCT

### Academics/Classroom

1. Players must be eligible according to the minimum WIAA rules and the eligibility requirements mandated by the Tacoma School District.
2. All players will attend mandatory scheduled study hall
3. Players will attend class and put forth their best efforts in the classroom. Proper conduct is included in this. Misbehavior or poor performance in the classroom will result in consequences that is determined by the coaches. **Coaches will randomly check classes to see if players are on task and not absent.**
4. **Players must sit in front of the classroom!**
5. Weekly progress reports will be given to each player to be signed and filled out by their teachers.

### School/Practice/Workout/Team Meeting Attendance

1. Players must attend a minimum of four classes in a school day to be eligible for a practice or a game. Must have excused absence for missed classes.
2. If player is not able to practice or play in game you are expected to be at practice/game supporting your team. Unless player is not well.
3. Players must attend mandatory workouts, meetings, and activities on time.

#### **A Mandatory Meeting or Practice Includes:**

- Spring, & summer weightlifting (**80% expected attendance**)
- Spring, summer, and fall football practice (April-December)
- Study Hall
- Meetings or team functions/activities

#### **Closed Practices**

All of Wilson Football practices are closed to any non-participants or family members. This allows for our players to be fully focused. Please respect this, as it is put in place for a reason.

4. 30 minutes or more late to workouts, meetings or practice will be counted as an absence.
5. Tardies will be addressed at the coach's discretion.
6. If a player has an unexcused practice during a game week, he/she misses one half of that week's game. If a player misses a practice and the absence is excused, he/she misses one quarter of that week's game. Two practices missed, excused or unexcused during a game week, will result in the player missing the game.

7. A missed practice will carry additional consequences, and will count as a missed practice in the players' allowable missed practice total.
8. If a player must miss any football related event for any reason, contact your Head Coach prior to missing the workout, meeting, study hall, or practice. Contact the Head Coach yourself or call and leave a message if you will not be on campus. Do not tell a friend or another player to relay the message. Failure to contact your Head Coach prior to a missed workout, meeting, study hall, or practice may result in disciplinary action or suspension. The Head Coach will determine the make-up required following a missed practice based on these guidelines:
  - a. Excused absence(s): due to school-related competition/performance or you are sick AND have a doctor's note or have a family emergency: No make-up work required.
  - b. Other excused absences(s): Make-up work may be required; however, we understand that some emergency situations may occur.
  - c. Unexcused absence(s): Make-up work will be required and the student will not be permitted to participate in the next game if in season.

NOTE: The Head Coach will decide whether or not an absence is excused, based on individual circumstances.

## **Behavior/Appearance**

1. Players will be respectful to all students, school employees, officials, and parents.
2. Players will be respectful to coaches, and will refer to coaches as "Sir" or "Coach"
  - If a player has a problem with a coach or another player, the player must approach the coaches first. If a parent, guardian or teammate comes to the coach with player's issue, the coach will not entertain anything until player with issue addresses it with the coach.
3. Respect- respect yourself.
4. All players are to be encouraging and hardworking teammates. Harsh comments, criticism or degrading language directed at another teammate will not be tolerated.
5. Personal Appearance- players' will abide by the school policy regarding the dress code.
6. **Game Day Dress**- Players will be expected to wear their football jersey.
7. All players will dress and conduct themselves properly on all out-of-town trips. Athletes represent both Wilson High School and the community; therefore, everyone should conduct themselves like gentlemen/ladies on the bus, locker room, during competition and any activities following the contests.

## **Transportation Rules**

1. Players are expected to travel to and from games with the team unless excused by the coach to exceptional circumstances and with prior meeting with player's parents.
2. Player need to be suited up for the game, except for helmet/shoulder pads before getting on the bus.
3. Music/Headphones must be a level to not distract anyone else around you.
4. Players will ride appropriate busses as determined by the coaches.
5. Make sure you keep track of your personal belongings and keep busses clean.

## **Injuries/Physical**

1. Players must have sports physical, concussion form signed, and athletic waiver before stepping foot on practice field.
2. All injuries must be reported to the coaching staff and/or the athletic trainer immediately. All injured players are expected to attend meetings and practices if permitted by the training staff and doctor's permission.
3. It is the player's responsibility to report to the trainer for preventive or rehabilitative care. This MUST be done immediately after school and must not interfere with any football activities.
4. Players will participate according to prescribed limitations.

## **Equipment**

1. Players will dress properly for workouts, practices and games. No player will modify or alter issued equipment, or wear any equipment not issued by the school WITHOUT coach's permission.
2. Players will be assigned equipment, helmet, shoulder pads, pants and jersey. It is the player's responsibility to keep track of all items assigned to them and to properly maintain and launder items.  

-Jerseys and pants are to be washed in cold water and hung dried. Please don't leave items in laundry basket or in washing machine for an extended amount of time. This will cause mold and it will stain the jerseys and pants.
3. Mouthpieces must be worn and molded properly.
4. Any player who has not turned in equipment or owes money will not be issued any other athletic gear for any sport until the equipment is returned or is paid for.

## **Parents Code of Conduct**

1. I will enjoy my child's opportunity to experience the benefits of playing high school football.
2. I will trust in my child's ability to have fun and to perform and achieve excellence on his own.
3. I will help my child learn the right lessons from winning, losing, individual achievement, and mistakes.
4. I will respect my child's teammates as well as fellow parents and fans.
5. I will give encouragement and applaud only positive accomplishments whether from my child or his teammates.
6. I will support the efforts of the coaching staff.
7. I will ensure that my child will attend all practices and games and will inform the coach in advance if unable to attend.
8. I will respect the equipment and uniform loaned to my child for practice and play.
9. I will respect the officials and their authority during games.
10. I will never demonstrate threatening or abusive behavior.

I have read, understand and agree to abide by the Code of Conduct and all of the Policies and Procedures as described herein in order to be a part of the Wilson Football Team & Program.

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Student-Athlete Name (PRINT)

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Date

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Student-Athlete Signature

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Date

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Parent/Guardian Name (PRINT)

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Date

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Parent/Guardian Signature

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Date

**\*ALL DECISIONS ARE AT COACH'S DISCRETION\***

Complete this form, detach it and return to the Head Coach. Keep the CODE OF CONDUCT & POLICIES & PROCEDURES for your reference and records.